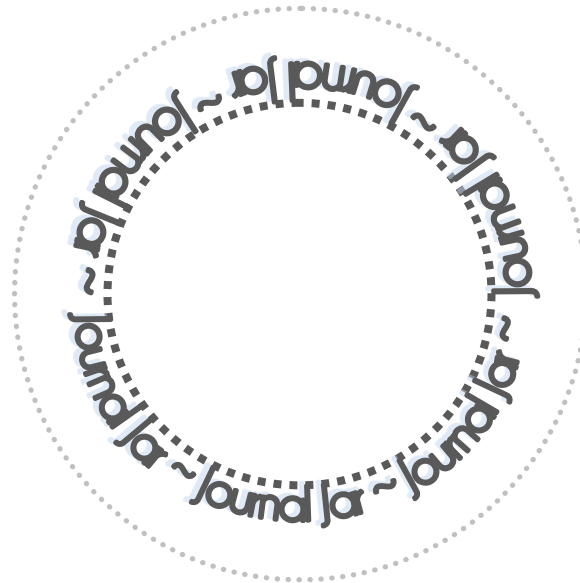


Journal Jar:

Each Day ~ Choose a Question from the Jar
& Record your answer in your Journal.

Print (LANDSCAPE) the Journal Jar Label and Journal Jar Lid graphics on light-colored 8 1/2" x 11" Scrapbook Paper.
Measure your Jar's circumference. A pint-size wide-mouth Canning Jar is roughly 10 1/4"
& will require the entire width of the paper (LANDSCAPE) to overlap at the back.

The Journal Jar Lid template is designed to fit a pint-sized wide-mouth canning jar, and is 3" in diameter. Cut it out on the dotted line. Glue or tape the printed Journal Jar Lid graphic to the top of the metal seal that goes inside the ring of the lid.



The Ring can be spray-painted to match your scrapbook paper.

Add a matching 1/4" - 1/2" wide ribbon to the outside of the Ring or the neck of your Jar.

Remember that a JOURNAL JAR costs literally pennies to make, but the results could be PRICELESS!!